

Dallas High School



CHARACTER ♦ RELATIONSHIPS ♦ COMPETITION ♦ LEADERSHIP ♦ ACCOUNTABILITY

We Choose Integrity ♦ We Build Trust ♦ We Pursue Excellence ♦ We Serve Others ♦ We Own Our Actions

Dallas High School Student-Athlete & Parent Handbook *2026/2027*



Updated 8/07/2026

Welcome to Dallas School District Athletics,

Welcome to the Dallas School District Athletics program! We are proud to partner with you in creating meaningful extracurricular experiences that support student growth, build school pride, and connect with our community.

Dallas School District is centered on students, powered by collaboration, built on equity, and driven by excellence. Our vision is that each student is known by name, strength, and need—pursuing a life of engagement, innovation, and success. Athletics plays a key role in achieving this vision by helping students develop character, discipline, leadership, and resilience both on and off the field.

As we continue to grow through the principles of Proactive Coaching, we believe athletics must be about more than competition. Our mission is carried out through intentional coaching, meaningful relationships, and a commitment to developing the whole student. Trust, leadership, and service are the foundation of a thriving athletic culture, where character development remains at the center of our work.

Coaches play a vital role in this process. While knowledge of the game is essential, lasting impact comes from building relationships and helping student-athletes understand the values that guide our programs. We want every athlete to know they are valued, supported, and challenged to pursue excellence in athletics, academics, and life.

Families are equally important partners in this journey. Together, coaches, parents, and school staff create an environment where student-athletes can grow, compete, and thrive.

This handbook outlines the expectations, responsibilities, and resources necessary for a successful athletic season. We encourage you to read it thoroughly and refer to it often as a guide.

Thank you for being part of Dallas Athletics. Together, we will continue building programs where excellence is expected, relationships matter, and character is developed intentionally.

It's A Great Day To Be A Dragon!

Sincerely,

Ron Snively

Assistant Principal / Athletic Director

Dallas School District No. 2 recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Dallas School District #2 Board of Education that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation and gender identity in any educational programs, activities or employment.

- Civil Rights Coordinator: Sara LeRoy, Assistant Superintendent (503) 623-5594
- ADA Coordinator: Dr. Pam Lybarger, Director of Special Education (503)-623-5594
- Section 504 Coordinator: Dr. Pam Lybarger, Director of Special Education (503) 623-5594
- Title IX Coordinator: Sara LeRoy, Assistant Superintendent (503) 623-5594
- Safety Officer: Bob Archer, Facilities Director (503) 623-5594
- Exposure Control Officer: Bob Archer, Facilities Director (503) 623-5594

If you believe you have been discriminated against because of your age, color, creed, disability, marital status, national origin, race religion, sex, or sexual orientation, please report your complaint to the appropriate administrator (your building principal, Athletic Director/Title IX Compliance Officer, or Superintendent), or by emailing compliance.officer@dsd2.org.



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Disclaimer: The contents of this handbook are presented as a matter of information only. The Dallas School District reserves the right to modify, revoke, suspend, terminate, or change any or all such plans, policies, or procedures, in whole or in part, at any time with or without notice. The language in this handbook is not intended to create, nor is it to be construed to constitute, a contract between the Dallas School District and any one or all of its employees.



PHILOSOPHY & PURPOSE

Athletics at Dallas High School are an extension of our educational program and a powerful vehicle for developing young people. Rooted in the Dallas School District's commitment to being student-centered, collaborative, equitable, and excellence-driven, our athletic programs are designed to develop the whole student—academically, socially, emotionally, physically, and ethically.

Our vision is that every student-athlete is known by name, strength, and need while pursuing a life of engagement, purpose, and success. We believe athletics provides one of the most meaningful opportunities to teach life lessons that extend far beyond the playing field.

As a department, we embrace the principles of **Proactive Coaching**. We believe the greatest impact of athletics is not measured solely by wins and championships, but by the relationships built and the character developed throughout the journey. Competition matters, but character matters most. Through athletics, students learn to lead, serve, persevere, compete with integrity, and positively influence those around them.

Our coaches are educators, mentors, and culture-builders who intentionally model trust, accountability, resilience, humility, service, and teamwork. Through positive relationships and high expectations, they help student-athletes discover their potential and develop habits that prepare them for success in school, athletics, and life.

The Dallas High School Athletic Program Exists To:

- Develop character, leadership, and personal responsibility.
- Promote academic success and lifelong learning.
- Build meaningful relationships based on trust, respect, and accountability.
- Provide equitable opportunities for students to grow, compete, and contribute.
- Foster resilience, perseverance, and a commitment to excellence.
- Promote sportsmanship, integrity, and service to others.
- Create pride in team, school, and community.

We believe participation in athletics is a privilege that carries responsibilities. Student-athletes are expected to represent themselves, their families, their team, and Dallas High School with integrity and respect at all times.

Program-Level Expectations

Freshman / JV2 Level

The focus is on learning, skill development, participation, and building habits that support long-term athletic and personal success. Playing time is distributed more evenly to maximize opportunities for growth and experience.

Junior Varsity (JV) Level

The JV level serves as a bridge to varsity competition. Fundamentals are refined, competitiveness increases, and playing time begins to reflect performance, effort, development, and team needs.

Varsity Level

Varsity athletics represent the highest level of commitment and competition. Athletes are expected to demonstrate advanced skill, leadership, and discipline. Playing time and roster decisions are based on maximizing the team's opportunity for success while continuing to support individual growth and development.

Athletics are one part of a student's overall educational experience. Together, coaches, families, teachers, and administrators share responsibility for creating a culture where relationships matter, excellence is pursued, inclusion is practiced, and every student-athlete is empowered to thrive.



Updated 8/07/2026

2026/2027 Dallas High School Staff

Athletic Director: Ron Snively

Athletic Secretary: Micki Fregosi

Athletic Trainer: Jennifer Krug

Fall	Winter	Spring
Boys Soccer: John Jones Girls Soccer: Melissa Turner Cheer: Julia Shinkle Cross Country: Bailey Smith Football: Andy Jackson Volleyball: Shana Lavier	Boys Basketball: Alex King Girl's Basketball: Mackenzie Dimond Swimming: Jill Pfankuch Wrestling : Austin Markee	Baseball: Keeton Luther Boys Tennis: Andrew Shreve Girls Tennis: Oren Rogers Boys Golf: Jennie White Girls Golf: Kurt Woolner Softball: Brandi Jackson Track : Bill Masei

EXPECTATIONS OF DALLAS HIGH STUDENT-ATHLETES

Being a student-athlete at Dallas High School is both an honor and a responsibility. Athletes represent their team, school, and community—and are held to high standards that reflect our district's core values:

Core Expectations

- Remain academically eligible by passing at least five classes.
- Maintain regular, on-time school attendance.
- Demonstrate commitment, effort, and a positive attitude throughout the season.
- Maintain peak physical condition and follow healthy training habits.
- Follow team rules, coaches' instructions, and program expectations.
- Represent Dallas High School with integrity, sportsmanship, and good citizenship.
- Treat teammates, coaches, officials, opponents, and spectators with respect.
- Promptly report injuries, illnesses, or health concerns to the coach or athletic trainer.
- Maintain timely, honest, and respectful communication with coaches and teammates.
- Take responsibility for all school-issued equipment and return it at the conclusion of the season.
- Serve as a positive representative of their team, school, and community both on and off the field of play.

Failure to meet these expectations—or any additional program-specific standards—may result in disciplinary action, including temporary or permanent removal from the team or program.



PARTICIPATION REQUIREMENTS

Before practicing or competing, student-athletes must complete the following:

- Online registration through Final Forms. <https://dallas-or.finalforms.com/>
- ImPact concussion training (every two years).
- Proof of insurance coverage (school options available).
- Payment of the registration fee or submission of a scholarship application. Athletes will be held out if the previous season is unpaid.
- A current sports physical on file. Must Be the OSAA Physical Form (valid for two years).
Meet all OSAA academic eligibility requirements.
- Pay any unresolved program fees from previous seasons (e.g., camps, uniforms).

Athletes may begin participation only after all items are verified through the athletic office. This will be verified by Complete/Green status on the Final Forms Portal.

Note: Athletes who are ineligible academically may not attend practices or contests until they meet eligibility requirements.

ATHLETIC FEES & SUPPORT

Standard Fees

- \$160.00 per sport
- Individual cap: \$320.00
- Family cap: \$480.00
- Cheer: \$80.00 per season
- Lock deposit: \$5.00 (refundable upon return)

Financial Assistance

If cost is a barrier, please contact the athletic office. We believe every student should have the opportunity to participate.

Students qualifying for free or reduced lunch may submit the family income survey to receive a reduced fee of \$35.00 per sport.

FEE REFUND POLICY

Refunds may be granted if:

- A student is cut from the team.
- A medical issue prevents participation before the first practice.
- A student quits before the first competition date.
- A student is removed from a team for a reason deemed justifiable by administration.



No refunds will be given after the season has begun or if a student quits or is dismissed. Refunds will not be issued based on playing time or player role on a team.

ACADEMIC ELIGIBILITY

Student Eligibility

Participation in athletics is a privilege that requires a commitment to academic success, consistent attendance, and positive citizenship. Student-athletes are expected to prioritize their education, attend school regularly, and demonstrate behavior that reflects the values of Dallas High School Athletics.

Academic Eligibility

To be eligible for participation, student-athletes must meet all Oregon School Activities Association (OSAA) and Dallas High School academic requirements, including:

- Passing at least five classes (2.5 academic credits, excluding Advisory) during the current grading period.
- Meeting all OSAA eligibility requirements from the previous semester (passing 5 classes).
- Maintaining satisfactory progress toward graduation.

To be considered "**on track to graduate**," students must have earned the following minimum credits prior to the start of the school year:

- Sophomores – 4.5 credits
- Juniors – 10 credits
- Seniors – 17 credits

Students who do not meet these minimum credit requirements may be ineligible for athletic participation for the school year. In limited circumstances, an academic hardship may be requested through the OSAA when a student's credit deficiency is the result of circumstances beyond the student's control. The Athletic Director may consider attendance records, academic history, behavior history, and overall student accountability when determining whether a hardship request is appropriate. Submission of a hardship request does not guarantee approval, as all hardship determinations are made by the OSAA in accordance with its eligibility standards.

Students granted an academic hardship are expected to demonstrate exceptional commitment to their education and citizenship. To maintain athletic eligibility under a hardship, students must:

- Attend 100% of scheduled classes unless excused by school administration.
- Pass 100% of their classes.
- Maintain satisfactory attendance and academic progress.
- Avoid additional disciplinary referrals or violations of the Student Code of Conduct.

Failure to meet these expectations may result in the loss of athletic eligibility and/or withdrawal of hardship support.

Attendance Expectations

Regular attendance is essential to academic and athletic success.

Student-athletes who receive an **unexcused absence or unexcused tardy** during a school week will be assigned **Academic Study Tables during ALIE Time**. Attendance at assigned study tables is mandatory.



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- A student-athlete who fails to attend the required study table session will be declared ineligible for the next scheduled athletic contest or play date. Probationary periods will extend if study tables are not attended.

Because competitive schedules vary by sport, the following participation consequences will apply:

- **Football and Soccer:** Ineligible for one-half of the next scheduled contest.
- **All Other Sports:** Ineligible for the next scheduled contest, match, meet, or competition.

Excused absences, school-sponsored activities, and administrative exceptions will not result in attendance consequences under this policy.

Behavior Expectations

Student-athletes are expected to demonstrate positive behavior consistent with the Dallas High School Student Handbook and Progressive Discipline Matrix. Athletics are an extension of the educational experience, and participation requires students to meet high standards of citizenship both in and out of the classroom.

Students receiving behavioral referrals will be subject to the following athletic consequences:

Tier 2 Behavior Violation (In Season Violations)

- The student-athlete will be placed on **Academic Probation** for two weeks.
- During the probationary period, the student-athlete must attend assigned Academic Study Tables during ALIE Time.
- Failure to attend required study tables during the probationary period will result in athletic ineligibility until the missed study table obligation has been completed.

Tier 3 Behavior Violation (suspendable behaviors or persistent Tier II violations)

- The student-athlete will be declared athletically ineligible for five (5) school days.
- The student-athlete will be placed on **Academic Probation** and required to attend Academic Study Tables during ALIE Time throughout the probationary period.
- Additional athletic consequences may be assigned by the Athletic Director in accordance with district policy and the severity of the violation and will be held against our Code of Conduct and Drug and Alcohol Policies.

Academic Support

Dallas High School is committed to supporting student-athletes in the classroom. Student-athletes earning a D or F, placed on academic hardship, may be assigned attendance study tables, or placed on academic probation. Athletics are an extension of the educational experience. We expect our student-athletes to demonstrate the same commitment to excellence in the classroom, attendance, and citizenship that they bring to practice and competition. A teacher, coach or administrator may require this in order for the best interest of a student.



LOCKER USE & SECURITY

Locks must be checked out through the athletic secretary (Micki Fregosi) for a **\$5.00 cash deposit**, refundable upon return. The lock is the student's responsibility throughout the season.

Students are expected to maintain a clean locker room space. Unlocked possessions may not be protected from theft. Athletes should use sound discretion before storing their belongings in unlocked spaces. Belongings on the floor or in unlocked spaces may be cleaned or moved at any point, depending on the nature of the lost item, it may be disposed of. Other items may be held in lost and found.

Practice Guidelines

Practices are generally held after school; however, morning, evening, Saturday, holiday, or break practices may be scheduled due to facility availability or the needs of the program.

Student-athletes who have an unexcused absence or who miss more than one-half of the school day due to illness are not eligible to participate in practices or contests that day unless an exception has been approved by school administration.

All Saturday, holiday, or break practices must be approved by the Athletic Director. Mandatory Sunday practices are prohibited unless prior approval has been granted by the Athletic Director.

When school is canceled due to weather or other emergencies, athletic practices and activities are canceled. Exceptions may be approved by the Superintendent and Athletic Director for varsity programs only. Participation in these circumstances is voluntary, particularly for students with transportation or travel limitations.

Team Selection & Cut Procedures

Team selection is the responsibility of the head coach and will be made in alignment with the philosophy and goals of the Dallas High School Athletic Program. Coaches may evaluate student-athletes using criteria that include, but are not limited to:

Participation on a team is not guaranteed.

- Skill level
- Effort and work ethic
- Coachability
- Attendance and punctuality
- Academic standing
- Classroom behavior
- Team needs
- Commitment to the program

When roster reductions are necessary, coaches are expected to:

- Clearly communicate team expectations, tryout procedures, evaluation criteria, and roster needs prior to or during the first day of tryouts.
- Evaluate all athletes using consistent criteria appropriate for their position and role.
- Provide a minimum of three evaluation sessions whenever reasonably possible before making roster decisions.
- Document evaluation information for athletes who are not selected.



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- Meet privately with athletes who are cut to explain the decision in a respectful and constructive manner.
- Review evaluation information with parents upon request.

Returning athletes and varsity letter winners are not guaranteed a roster position. Any decision involving a returning varsity letter winner should be reviewed with the Athletic Director.

When academic or behavioral concerns may impact roster decisions, coaches will work collaboratively with the Athletic Director to determine whether a formal academic or behavior support plan is appropriate.

In addition, coaches may make roster decisions based solely on safety considerations. When a student-athlete's participation presents a significant risk to their own safety or the safety of teammates, coaches, officials, or others, the coach may determine that the athlete is not yet ready for participation. Whenever possible, coaches should provide additional instruction, alternative evaluation opportunities, or a developmental plan that allows the student-athlete an opportunity to demonstrate safe participation. Safety-based roster decisions may be made in consultation with the Athletic Director.

Athletes who are not selected for one team may be eligible to participate in another sport, provided they meet that program's participation requirements and receive Athletic Director approval when necessary.

Student-athletes removed from a team for disciplinary reasons, insubordination, attendance concerns, or significant violations of team expectations may be ineligible to participate in another sport during that season, subject to review by the Athletic Director.

Multi-Sport Participation

Dallas High School strongly supports and encourages multi-sport participation.

Student-athletes are expected to complete their current athletic season before fully joining the next sport season unless an approved transition plan has been developed by both coaches and the Athletic Director.

When participation in two school-sponsored programs overlaps, coaches are expected to collaborate in support of the student-athlete. The student-athlete is responsible for maintaining clear communication with both coaches regarding practice and contest availability.

Participation in another school activity or sport is not considered an unexcused absence; however, athletes should understand that missed practices may naturally affect preparation, team role, and playing time.

Playing Time

Playing time is one of the most important and often most difficult responsibilities of a coach. Playing time decisions are made by the coaching staff based on what best supports individual development and team success.

At the Freshman, JV2, and Junior Varsity levels, coaches strive to provide meaningful participation opportunities that promote learning, confidence, skill development, and growth.

At the Varsity level, playing time is determined by what gives the team the greatest opportunity for competitive success.



Factors considered when determining playing time may include:

- Attendance and punctuality
- Effort and work ethic
- Attitude and coachability
- Skill development and performance
- Understanding of team systems and responsibilities
- Commitment to team expectations
- Academic and behavioral standing
- Team needs and competitive circumstances

Playing time is earned and is not guaranteed. Coaches are encouraged to communicate expectations clearly and provide athletes with regular feedback regarding their role within the program.

Team Attendance Expectations

Participation in athletics requires a commitment to the team. Student-athletes are expected to attend all practices, competitions, meetings, and team activities unless excused by the coach.

Athletes must attend at least three class periods during the school day to be eligible to practice or compete unless an exception has been approved by school administration.

When conflicts arise, student-athletes are expected to communicate with their coach as early as possible. Coaches will work with students when conflicts involve academics, school-sponsored activities, family responsibilities, or other circumstances beyond the student's control.

Repeated unexcused absences, tardiness, or failure to communicate may result in consequences related to playing time, team role, or continued participation.

Athletic Training & Injury Management

The health, safety, and well-being of student-athletes is the highest priority of Dallas High School Athletics.

Athletic trainers work collaboratively with physicians, families, coaches, and school personnel to prevent, evaluate, treat, and rehabilitate athletic injuries and medical conditions. Student-athletes are expected to promptly report injuries, illnesses, symptoms, or other health concerns to their coach and athletic trainer.

Dallas High School Athletic Trainers have the authority to recommend the removal of a student-athlete from practice or competition whenever concerns exist regarding the athlete's health, safety, or ability to safely participate. These decisions are made out of an abundance of caution and in the best interest of the student-athlete. When an athlete is removed from participation due to injury or medical concern, the Athletic Department may require written medical clearance from an appropriately licensed healthcare provider before the athlete is permitted to return to participation.

Coaches are expected to work collaboratively with the district athletic trainer and partnering medical providers. Coaches are responsible for reporting injuries or health concerns that impact an athlete's ability to safely perform the fundamental skills and physical demands of their sport. Athletic trainers are responsible for documenting injuries, treatment plans, participation status, and return-to-play recommendations through the district's athletic management system, including FinalForms when applicable.



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Student-athletes share responsibility for maintaining a safe athletic environment. Athletes are expected to honestly disclose injuries, symptoms, and health concerns and to follow all medical recommendations. Failure to report injuries or comply with medical restrictions may jeopardize both the athlete's health and participation status.

When medical restrictions are established, student-athletes, coaches, and families are expected to follow those recommendations unless the athlete is cleared by an appropriately licensed healthcare provider.

Athletes who choose not to seek evaluation from the district's athletic trainer or school nurse may be required to obtain medical clearance from their physician before returning to participation if an observed injury appears to limit safe athletic performance. Indicators such as altered movement patterns, changes in normal athletic fundamentals, or visible pain may require evaluation by the athletic trainer or medical clearance from a licensed healthcare provider.

Athletes who are temporarily unable to participate due to injury may still be expected to attend practices, meetings, competitions, and team activities in a modified role. Remaining connected to the team supports recovery, reinforces accountability, and allows student-athletes to continue contributing to the program while working toward a safe return to participation. Coaches will communicate individual expectations for injured athletes, recognizing that participation while recovering may be limited based on the nature of the injury and medical recommendations.

Awards & Recognition

Participation awards and team recognition programs celebrate achievement, growth, leadership, and commitment to Dallas Athletics. Awards should reflect the values and standards that contribute to both individual and team success.

In recommending athletes for awards, coaches may consider:

- Character and integrity
- Sportsmanship
- Commitment and attendance
- Leadership
- Positive attitude
- Team-first mindset
- Effort and improvement
- Athletic performance
- Adherence to team expectations

Varsity letters are intended to recognize the accomplishments, commitment, and regular participation of a varsity athlete. Each head coach is responsible for determining whether an athlete has met the standard for earning a varsity letter.

When possible, programs are encouraged to establish and communicate a written lettering policy prior to the start of the season. In some sports, varsity letter decisions may be made through coach discretion based on the nature of the sport, team structure, participation opportunities, or competitive schedule.

All-league, conference, and special recognition awards are governed by conference procedures and standard operating practices. These awards are typically determined through a league voting process involving participating varsity coaches.

Transportation

Dallas High School provides transportation to and from athletic contests whenever possible. Student-athletes are expected to travel



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with their team to and from all contests and school-sponsored athletic events.

Requests for alternative transportation arrangements must be submitted and approved through the Athletic Department prior to the event. Student safety, supervision, and accountability are the primary considerations when reviewing transportation requests. Athletes may only be released to a parent/guardian or other approved adult in accordance with district procedures.

In rare circumstances, a student-athlete may be permitted to drive themselves to or from an athletic event. Such requests require prior approval from the Athletic Department and written permission from a parent/guardian and, when applicable and a student is 18, the owner of the vehicle.

Families are encouraged to communicate transportation needs as early as possible. Alternative transportation arrangements should not be assumed and must be approved by the Athletic Office before plans are finalized.

Student-athletes are expected to conduct themselves in a respectful, responsible, and sportsmanlike manner while traveling. Team transportation is considered an extension of the school environment, and all school, district, and team expectations remain in effect throughout travel.

Athletes are responsible for following directions provided by coaches, drivers, and chaperones and for contributing to a safe and positive travel environment for all team members.

Student-athletes represent Dallas High School throughout the entire competitive experience, including travel to and from contests. Athletes are expected to demonstrate character, respect, and pride in their school while traveling and competing.

Failure to follow transportation expectations may result in disciplinary action, including the loss of transportation privileges, suspension from team travel, or other participation consequences as determined by the coach and Athletic Director.

Equipment & Uniform Responsibility

Student-athletes are responsible for all equipment, uniforms, and other items issued by Dallas High School. All equipment must be returned in acceptable condition at the conclusion of the season. Athletes may be charged replacement costs for lost, damaged, or unreturned items. Athletes must satisfy all equipment obligations before participating in a subsequent sport season.

Coaches should log and report equipment and inventory charges through Final Forms.

Communication, Complaints & Conflict Resolution

Dallas High School values open, respectful, and solution-focused communication among student-athletes, parents, coaches, and administrators. Most concerns can be resolved through direct, timely, and respectful communication. Our shared goal is to support student-athletes through positive relationships, mutual respect, and collaborative problem-solving.

Resolving Athletic Concerns

When concerns arise regarding an athletic program, team experience, or student-athlete participation, we encourage the following process:

Step 1: Student-Athlete Communication

Whenever appropriate, student-athletes should first communicate directly with their coach regarding concerns, questions, or misunderstandings. Learning to advocate for oneself is an important part of personal growth and athletic participation.



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Step 2: Parent-Coach Communication

If additional support is needed, parents should contact the coach to schedule a meeting. To promote productive conversations, parents are asked not to approach coaches immediately before, during, or after practices or contests. A 24-hour waiting period following contests is encouraged before initiating discussions regarding athletic concerns.

Step 3: Athletic Director Review

If concerns remain unresolved after meeting with the coach, a meeting involving the student-athlete, parent/guardian, coach, and Athletic Director may be requested. Written documentation of concerns may be requested to help facilitate productive discussion and resolution.

Appropriate Topics for Discussion

- Student-athlete development
- Team expectations and culture
- Academic concerns
- Health and safety concerns
- Communication issues
- Ways to support student growth and success

Topics Generally Not Appropriate for Discussion

- Playing time decisions
- Team strategy or game plans
- Play calling
- Position assignments
- Other student-athletes
- Selection of team captains
- Competitive decisions made by coaches

Formal Complaints

Concerns involving discrimination, harassment, bullying, hazing, retaliation, Title IX matters, civil rights concerns, suspected criminal activity, child abuse reporting, violations of district policy, or other serious misconduct should be reported directly to the Athletic Director, Principal, or appropriate district administrator and may be addressed through the Dallas School District's formal complaint and investigation procedures.

Reports involving student safety, unlawful conduct, or violations of state or federal law may bypass the athletic complaint process and be referred immediately to district administration or appropriate authorities.

The Athletic Department reserves the right to involve school administration at any stage of the process when necessary to protect the safety, well-being, rights, or educational experience of students.

STUDENT-ATHLETE CODE OF CONDUCT

All student-athletes must uphold the Dallas High School Athletic Code of Conduct:

- Drug, alcohol, and tobacco use is strictly prohibited.
- Behavior must not bring discredit to the athlete, the team, or the school.
- Once signed, the Code of Conduct is active for the athlete's entire high school career—365 days a year.

Participation in athletics is a privilege that carries responsibilities. Student-athletes at Dallas High School are expected to represent



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themselves, their families, their team, and their school with integrity, respect, and good citizenship at all times.

Athletics are an extension of the educational experience. Student-athletes are held to high standards because they serve as representatives of Dallas High School both on and off campus. Participation in athletics provides opportunities to develop leadership, accountability, discipline, and character that extend beyond competition.

This Code of Conduct applies year-round to all student-athletes participating in Dallas High School Athletics.

Student-Athlete Expectations

Student-athletes are expected to:

- Demonstrate honesty, integrity, and personal responsibility.
- Treat teammates, opponents, officials, coaches, staff, and spectators with respect.
- Follow all team, school, district, conference, and OSAA expectations.
- Promote good sportsmanship and citizenship.
- Make decisions that contribute positively to their health, safety, and well-being.
- Avoid behaviors that bring discredit to themselves, their team, or Dallas High School.
- Serve as positive role models within the school and community.

Behaviors Resulting in an Athletic Violation

A strike may be assigned for, but is not limited to, the following behaviors:

- Use, possession, purchase, distribution, or being under the influence of alcohol.
- Use, possession, purchase, distribution, or being under the influence of illegal drugs or controlled substances.
- Misuse, possession, or distribution of prescription medication.
- Use or possession of tobacco products, nicotine products, vaping devices, or related paraphernalia.
- Attending or remaining at a gathering where alcohol, illegal drug use, or other unlawful activity is occurring and failing to leave immediately upon becoming aware of the activity.
- Criminal citations, arrests, or unlawful conduct that violates school, district, state, or federal law.
- Hazing, bullying, harassment, intimidation, discrimination, retaliation, or conduct that threatens the safety and well-being of others.
- Significant violations of team, school, district, conference, or OSAA expectations as determined by school administration.

The Athletic Director and administration reserve the right to investigate incidents and determine whether a violation warrants an athletic strike.

Athletic Violation Progression

First Violation

A student-athlete receiving a first strike will:

- Be suspended from competition for a minimum of 14 calendar days.
- Miss at least one interscholastic contest.
- Continue attending practices and team activities unless otherwise directed.
- Complete an educational, restorative, or reflective activity as assigned by the Athletic Department.
- Meet with the Athletic Director, parent/guardian, and coach when appropriate.

The suspension may carry over to the next athletic season if the consequence cannot be completed during the current season.



Second Violation

A student-athlete receiving a second strike during their high school career will:

- Be suspended from competition for a minimum of 42 calendar days.
- Complete a drug, alcohol, behavioral, or mental health assessment when deemed appropriate by administration.
- Comply with recommendations resulting from the assessment.
- Remain in good standing with attendance, academics, and team expectations.

If the second strike occurs during the same season as the first strike, the student-athlete may be removed from the team for the remainder of the season and may forfeit eligibility for team awards, including varsity lettering.

Failure to complete required assessments or recommendations may result in additional suspension from athletic participation.

Third Violation

A student-athlete receiving a third strike during their high school career will:

- Be suspended from athletic participation for one calendar year.
- Complete any educational, counseling, treatment, or restorative requirements established by school administration.
- Meet with the Athletic Director and parent/guardian prior to any future athletic participation.

Administrative Discretion

The Athletic Department recognizes that every situation is unique. Consequences may be adjusted based on:

- Severity of the violation
- Student disciplinary history
- Honesty and accountability
- Cooperation during the investigation
- Safety concerns
- Impact on others
- Mitigating circumstances outside the student's control

In situations involving serious safety concerns, criminal behavior, violence, distribution of illegal substances, hazing, or conduct that significantly impacts the school community, the Athletic Director and school administration may impose consequences beyond the standard strike progression, including the loss of athletic participation privileges.

The Athletic Director and school administration retain final authority regarding athletic consequences and participation eligibility.

The purpose of the strike system is not solely punitive. It is intended to promote accountability, support positive decision-making, and provide opportunities for learning, growth, and restoration while protecting the safety, integrity, and values of Dallas High School Athletics.

Illegal Activity

Student-athletes are expected to follow all local, state, and federal laws and to conduct themselves in a manner that reflects positively on themselves, their team, and Dallas High School.

Any student-athlete involved in illegal activity, criminal misconduct, or behavior that jeopardizes the safety and well-being of others may be subject to athletic consequences in addition to school disciplinary action and any legal consequences imposed by law enforcement or the courts.



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Reports of illegal activity will be reviewed on a case-by-case basis by the Athletic Director and school administration. Consequences may range from educational interventions and athletic suspensions to removal from athletic participation, depending on the severity of the incident, the student's disciplinary history, safety concerns, and the impact on the school community.

The Athletic Department reserves the right to investigate incidents and determine athletic consequences independent of criminal proceedings or legal outcomes.

Other Types of Misconduct During Athletic Participation

Student-athletes are expected to demonstrate sportsmanship, respect, and self-control at all athletic events, practices, team activities, and school-sponsored functions.

The following behaviors may result in disciplinary action, including loss of playing time, suspension from contests, team service, removal from leadership positions, suspension from team activities, or dismissal from the program:

- Fighting or physical aggression. Per OSAA requires a two contest suspension.
- Unsportsmanlike conduct.
- Disrespect toward coaches, teammates, opponents, officials, staff, or spectators.
- Vulgar, profane, threatening, or abusive language.
- Bullying, harassment, intimidation, or hazing.
- Repeated violations of team rules or expectations.
- Failure to follow reasonable directions from coaches, staff, or event supervisors.
- Conduct that negatively impacts team culture, safety, or the reputation of Dallas High School Athletics.

Student-athletes who are suspended from school are not eligible to participate in practices, contests, or team activities during the period of suspension unless otherwise authorized by school administration.

Any athlete ejected from a contest will be subject to all OSAA penalties and may be required to serve additional team or school consequences as determined by the Athletic Director and head coach. Athletes are responsible for any fines assessed by the OSAA as a result of their actions.

*** Athletes Ejected from an OSAA Contest will be assessed a fine from the OSAA, They will be held responsible for paying their individual fine, as the fine will be assessed to their student account.***

College Recruiting & Information Sharing

I understand that my student-athlete may receive communications from colleges, universities, military academies, and other post-secondary institutions regarding admissions, academic opportunities, and athletic recruitment.

As permitted by law and district policy, Dallas High School may share directory information and athletic participation information with authorized educational institutions and recruiting organizations. Parents/guardians who wish to restrict the release of directory information should contact school administration in accordance with district procedures.



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Equal Access, Section 504 & ADA Compliance

Dallas School District is committed to providing equal access and opportunity for all students.

In accordance with Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA), Title IX, and other applicable federal and state laws, qualified students shall not be excluded from participation in, denied the benefits of, or otherwise subjected to discrimination in any educational program, activity, or athletic opportunity on the basis of disability or other protected status.

Student-athletes who require accommodations or support in order to participate safely and meaningfully in athletics are encouraged to contact the Athletic Director, school administration, or the district's Section 504 Coordinator as early as possible. The district will work collaboratively with students, families, coaches, and appropriate staff to determine reasonable accommodations that support participation while maintaining the essential requirements of the activity.

Questions regarding accessibility, accommodations, or nondiscrimination in athletic programs may be directed to the Dallas School District administration office or the district's designated Section 504, ADA, or Title IX Coordinator.

Title IX & Equal Opportunity

Dallas High School Athletics is committed to providing an athletic environment that is safe, inclusive, and free from discrimination, harassment, bullying, hazing, and retaliation.

In accordance with Title IX and Dallas School District policy, no student shall be excluded from participation in, denied the benefits of, or subjected to discrimination in any athletic program or activity on the basis of sex or any other protected status under federal or state law.

Student-athletes, parents, and community members are encouraged to promptly report concerns involving discrimination, harassment, sexual misconduct, retaliation, or inequitable treatment. Reports may be made to the Athletic Director, Building Principal, or the District's Title IX Coordinator and will be addressed in accordance with Dallas School District policies and applicable state and federal law.

Dallas High School Athletics is committed to fostering a culture built on dignity, respect, fairness, and opportunity for every student-athlete.



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Parent Permission & Emergency Medical Authorization

I give my son or daughter permission to participate in Dallas High School athletics, including practices, contests, team travel, and other school-sponsored athletic activities approved by the Dallas School District.

I understand that participation in athletics involves inherent risks associated with physical activity and competition. While Dallas High School, its coaches, athletic trainers, and staff take reasonable precautions to provide a safe environment, injuries may occur as a result of participation. I acknowledge and accept these risks as a condition of participation.

I understand that Dallas School District does not provide accident or medical insurance for student-athletes and that I am responsible for maintaining appropriate insurance coverage and for any medical expenses incurred as a result of athletic participation.

In the event of an illness, injury, or medical emergency when I cannot be reached, I authorize representatives of Dallas High School, including coaches, athletic trainers, school personnel, emergency responders, and medical providers, to obtain emergency transportation, hospitalization, medical treatment, diagnostic procedures, anesthesia, or surgical intervention deemed necessary by licensed medical professionals for the health and safety of my student.

I understand that it is my responsibility to maintain accurate emergency contact information, medical history, insurance information, and emergency authorization forms through the district's registration platform.

I further understand that my student-athlete is responsible for all equipment, uniforms, locks, and other school-issued property. Replacement costs may be assessed for items that are lost, damaged, stolen, or not returned.

By signing the athletic registration forms, I acknowledge that I have reviewed the Dallas High School Athletic Handbook, understand the expectations and responsibilities outlined within it, and grant permission for my student-athlete to participate in Dallas High School Athletics. Signatures can be held in the final forms portal by both student and guardian.