

WELCOME TO FALCON FOOTBALL

Program Head Coach: Hari Scott | Assistant Coaches: Dan Wilder, Nels Chandler, and Dan Hicks

Falcon Football Families,

The coaching staff is looking forward to getting back on the football field, excited to work with all the student-athletes and see their growth over the season. **The 1st football practice will be WEDNESDAY, AUGUST 20. Players should arrive by 2:30 PM so they are ready to go before attendance is taken at the team meeting.** Our team meeting will start at 2:45 PM, followed by practice from 3:15 PM - 4:45 PM. We will meet at the same time Monday-Friday until school starts, then we will practice Monday-Thursday. The exceptions being an **early practice on Friday, August 29** and **NO practice on Monday, September 1**, due to Labor Day Weekend. Our Athletic Director is currently working with other league and area ADs as student participation at each school is determined so they can work together to get a season full of games for both teams. We will release our game schedule as soon as possible.

HELPFUL NOTES BEFORE THE 2025 FALCON FOOTBALL SEASON STARTS:

1. Please verify ALL **physical and sports clearance forms are completed** in FinalForms. Create/update your account at: <https://tumwater-wa.finalforms.com/>
2. **Players are responsible for providing their own football cleats, socks, girdle (5 pad integrated) and knee pads.** We are committed to Team Unity. This is not only about how we practice and treat each other on and off the field, but also the way we dress at practices and on gameday. We want praise and attention to be earned for our team by our shared successes on the field, not by players dressing differently from one another. Therefore, if players plan on wearing a mouthguard separate from the one provided by BMS, it should be **BLACK, WHITE, GRAY, BLUE, OR CLEAR. No "binky" mouthguards.** The same color requirements go for other optional practice/gameday wear such as gloves, sleeves and towels. **Also, while players provide their own cleats, it is preferred that they are black.**
3. **Attend Gear Checkout** for helmet, generic chin strap, shoulder pads, and mouthguard (if needed). This year there will be 2 sessions for gear checkout **on Monday, August 18th.** The early session will be from **8 AM to 11 AM** and the second session will be from **NOON to 3 PM**, enter at the back of the school. There are also practice jerseys, girdles, knee pads, and cleats available if athletes need them. Any player that can't attend gear checkout will receive their gear after one of the first 3 practices.
4. **If you haven't already, please join our team Remind.** Our program uses a free messaging program called "Remind" to send mass text messages to families who 'opt-in' to this service. This is the most efficient method for the coaching staff to communicate and send reminders about practices, games and other team activities. Sign up by texting **@25falconfb** to **84010** or **240.297.4477** or visiting <https://www.remind.com/join/25falconfb> to stay in the loop about team information.
5. **Players MUST bring a water bottle** marked with their name to ALL practices and games. It should be 20oz or more, enough water to keep them hydrated on the field.

Email any questions or concerns to: Hari.Scott@Tumwater.K12.WA.US



Thank you for your support, Let's Go Falcons !

